

Dear Friends,

We hope this finds you all well, just a few links today to see us through the 'long haul'. If the current measures are going to stay in place for weeks, even months, do we just endure them, or is there a more positive approach we could take? Do dip in to the links below, which hopefully will help us make this a time of spiritual growth. Nature takes a whole season to self-isolate, in preparation for spring growth, so maybe God can do things in and through us during this season which will bear incredible fruit in the future.

Ruth's daily prayer podcasts from April 1st (<https://anchor.fm/pjs/> <<https://anchor.fm/pjs/>>) will follow the 'Daily Bread' bible reading notes, which are being distributed to 40 homes in the church family as we speak, for people who are not online.

Reflections from David on solitude in the Christian tradition, and how to make the most of it: [_https://youtu.be/aqHSsuLRzDI_](https://youtu.be/aqHSsuLRzDI_)

Annie Nixon from Counselling for Yeovil has some great tips on how to look after our mental health in self isolation.

<https://www.youtube.com/watch?v=JmBmG7px0fU>

In the 'Virtual St James' area of the church website

<http://www.stjamesyeovil.org.uk/>

<http://www.stjamesyeovil.org.uk/?page_id=1939> (also at St Peters <http://www.stpeters-yeovil.org.uk/>) you'll find all the material from the home worship pack, our webcasts, and an archive of these emails in case you missed any.

Instead of gathering at Minehead, the Christian festival Spring Harvest will be beaming live on Youtube from 13-17th April, which will give us all the chance to access some fantastic teaching, worship and encouragement. Do have a look <https://www.youtube.com/user/SpringHarvest>. <<https://www.youtube.com/user/SpringHarvest>>

Finally, if you have a camera on your phone or computer, Ruth is putting together a video for Easter Sunday from the church family - please take a 10-15 second clip of yourself sending Easter greetings to the rest of the church, and email it to Ruth. These will be combined into a single video for Easter Sunday, so we can all wish each other a happy Easter!

As always, if there is anything you need help with, or anything you'd like to offer help with, please let us know.

'the eternal God is our refuge, and underneath are the everlasting arms' (Deut 33:27)

yours in Christ

David and Ruth

PS if you would like to be taken off this email distribution list, please let us know, otherwise we'll assume you're ok to keep getting them.

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